

Comparison of Natural Sweeteners
June 17, 2020

	Sweetener	Xylitol Source	Package Sizes	Notes	
Simply Xylitol Crystals	100% Xylitol	US/Finish xylitol from hardwood trees	1# bag	GMO, gluten, and soy free	Shop for SimplyXylitol Crystals
Smart Sweet Xylitol Crystals	100% Xylitol	US/Finish xylitol from hardwood trees	1.5# bag 4.5# bag	GMO free	Shop for Smart Sweet Xylitol Crystals
Xivia Xylitol	100% Xylitol	Finland-made xylitol from birch trees	55# bag	GMO free	Shop for Xivia US Xylitol Crystals
XyloSweet Xylitol Crystals	100% Xylitol	Corn-based xylitol from China	100 packets	Non-GMO corn used in xylitol production. No corn grain, corn allergens, corn proteins or mycotoxins.	Shop for XyloSweet Xylitol Crystals
Smart Sweet Erythritol Granules	100% Erythritol	N/A	1.5# bag 4.5# bag	GMO, gluten, wheat and soy free	Shop for Smart Sweet Erythritol Granules
ZenSweet Monk Fruit Sweetener	Proprietary blend of Erythritol, Chicory Root or Jerusalem Artichoke (Inulin), and Monk Fruit Extract	N/A	1# bag	GMO, Gluten, wheat and soy free, Zero calorie and glycemic	Shop for ZenSweet Monk Fruit Sweetener

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The information for this table was originally collected from the websites of the manufacturers on January 26, 2012, and is periodically updated as information on those sites change.

If you have allergies, or suspect that you have allergies, to any of the ingredients in these xylitol gums, please contact the manufacturer for details specific to your situation. For further information, please call Homestead Market at 1-888-234-1906.

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